

## Meet the artist – Tyreis Holder



Tyreis Holder is an Artist, Poet, Visual Storyteller who also works with communities. She is from South London, with a background linked to Jamaica and St Vincent.

She creates installations, textiles, performance, poetry, sculpture and sound. Through her work, she explores identity, healing, spirituality, and colonial spaces.

Photo by Hasna Tayar

## About the film – Getting Dressed by Second Hand Dance



Travel into a digital world of swirling skirts, sashaying socks, glitter ball jackets and tumbling t-shirts. This series of 5 short dazzling dance films, transforms our everyday clothes into celebrations of our individuality. Set to an 80's inspired soundtrack, with a dancing background and animations that move along to the music, the Getting Dressed films are created for audiences 2 to 102.